

First Trimester

Determining Intrauterine Pregnancy (IUP)

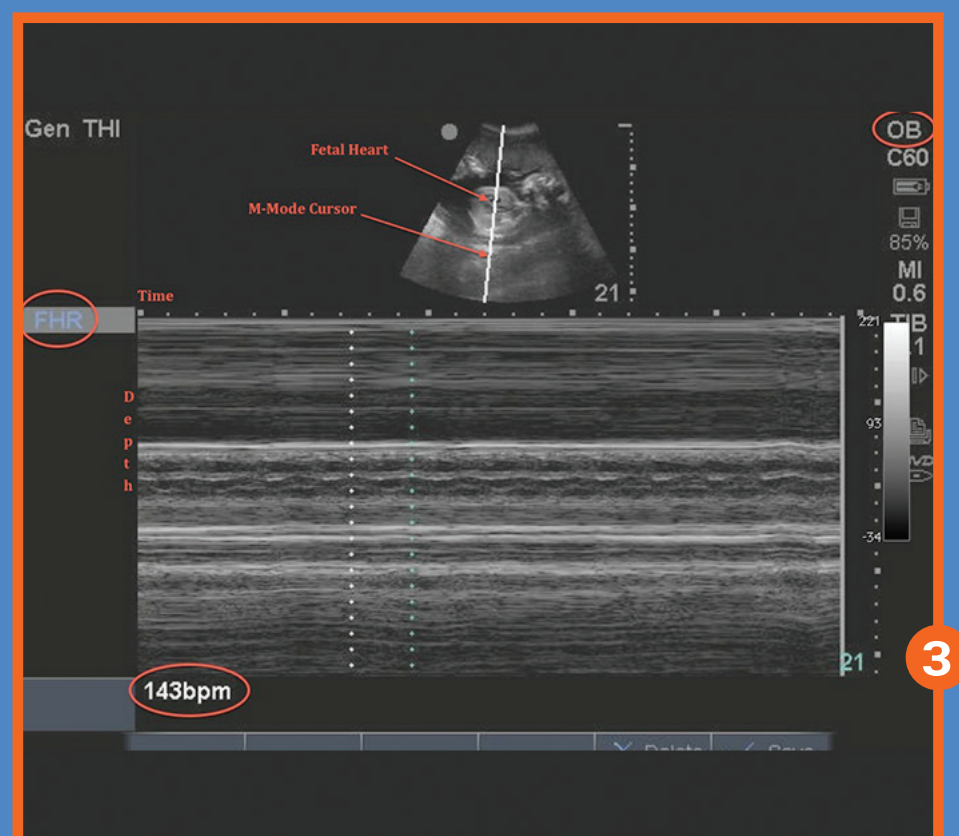
Choose low frequency convex / curvilinear probe. Select the OB 1st trimester preset. Place the probe in the suprapubic region at the mid-line. Identify the uterus. Identify the fundus and scan carefully from the fundus to the cervix. Count the number of fetal heads.



Visualize the fetus. Look for fetal cardiac activity. Fetal limb movement may also be seen. Save a clip.



Locate the fetal heart and press M-Mode. Line up the cursor over the heart. Match for the wavy line of the heartbeat. Select FHR from the CALCS menu. Move the cursor to select two consecutive peaks on the tracing.



POCUS™
Point-of-Care Ultrasound
Certification Academy

The Point-of-Care Ultrasound (POCUS) Certification Academy™ exists to provide physicians and advanced care providers the opportunity to collaborate in the shared mission of improving global health and setting the standards of excellence in POCUS.

[Pocus.org/Tips](https://pocus.org/tips)