

May 26, 2022

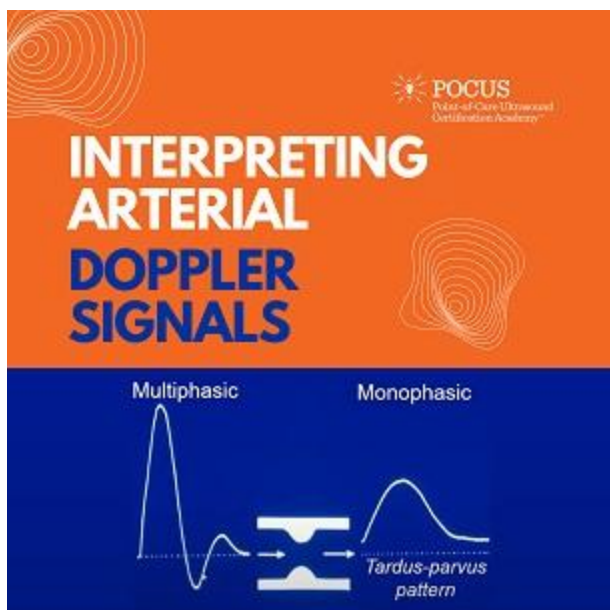


Heroes Work Here and Rest Here Too

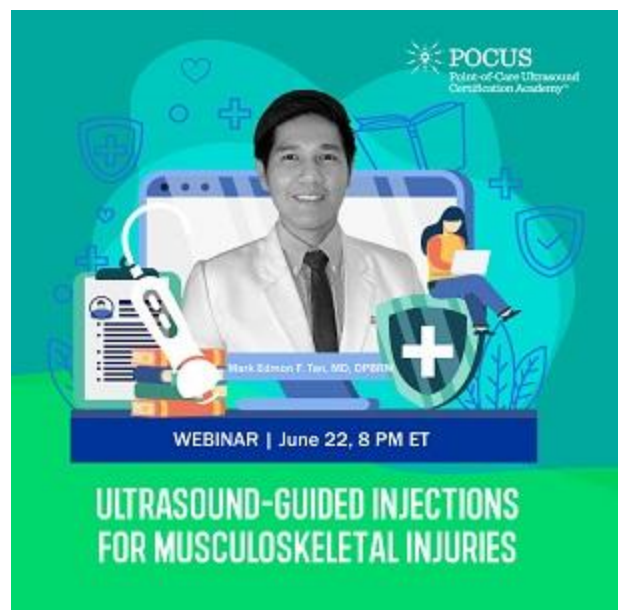
One thing that hasn't changed about flying is the safety instructions provided to passengers in the case of an emergency. There's great relief in knowing that what saved lives decades ago is still tested and true to save lives today. Since 1938, flight attendants have shared explicit instructions pertaining to the oxygen mask with those aboard. They underscore an intriguing portion of these rules directly to the parents on the aircraft. Those with little ones are told that in the event of decompression, they must place this oxygen mask on themselves first and then tend to their child to help position it over their nose and mouth.

Though given time and time again by crew members, it remains a questionable piece of advice. Is it truly the best approach? Is one to look after their own safety before ensuring the well-being of a person who requires assistance? This concept of "save yourself first" isn't a struggle for parents alone. It's an idea that plagues the majority of those in a position to help.

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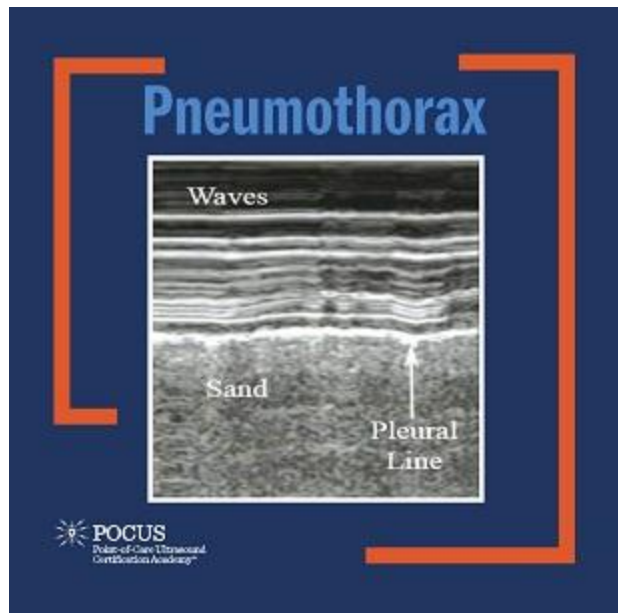
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1401 Rockville Pike, Suite 600, Rockville, MD 20852