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Fill out the registration form for the raffle.

We Heart POCUS

Tis the season of love, heart health... and POCUS of course!

Take this Heart Month to refresh your commitment to health and discovery at your pace. Getting started can be overwhelming; however, “each success makes you more confident to take on the next one,” says cardiologist and professor of medicine Richard Stein, M.D. Here are some tips to kickstart your journey:

Be active. Whether you walk or run your way to a healthy heart, we invite you to take the first step towards a POCUS certification today! Starting anew? The POCUS Fundamentals Certificate puts you on track for specialized clinical certificates including specialties like musculoskeletal soft tissue, obstetrics/first trimester, and more.

Eat heart-healthy foods. The U.S. Department of Health and Human Services recommends eating plenty of fruits and vegetables, whole-grains, and lean proteins for a healthy heart. Still feeling hungry? Pair these treats with bite-sized POCUS sweets through our monthly POCUS Bytes Webinars!

Live a healthy lifestyle. Establishing a support system is a great way to achieve smoking cessation and stress management. A support system can be family, friends, or even a community. By joining the POCUS community, you can connect with a network of thousands of POCUS-certified healthcare providers from around the world!

Are you ready to take the first step in achieving your goals? Click [here](#) to participate in our #IHeartPOCUS campaign and enter to win one free POCUS certificate enrollment! Scroll down to see our latest POCUS certificates, information, and news.

Contribute to the scientific development of the top 25 global point-of-care ultrasound (POCUS) procedures and protocols!

Participate Today



POCUS BYTES™

Join us for our monthly POCUS Bytes™ webinar! These webinars are free, and their content designed for quick learning.

Register today for the next webinar on **March 18th, 2020 at 12:00pm Eastern Time.**

OB/GYN POCUS Must-Knows with Samantha Callis, MHA, RDMS, RDCS, RVT

REGISTER NOW

CERTIFICATES & CERTIFICATIONS

The Cardiac Clinical Certificate includes ten (10) online cases to assess your knowledge in identifying anatomical features and sonographic findings. This certificate is appropriate for medical professionals whose scope of practice requires the evaluation of the cardiac system to identify hypovolemia, pleural effusion, hypertrophic cardiomyopathy, and other common pathologies.

Test your knowledge with the POCUS Cardiac Certificate



FOCUS ON POCUS™ PODCASTS



POCUS TIPS - Cardiac

The FOCUS on POCUS podcasts are dedicated to educating, connecting and inspiring POCUS users through interviews with thought leaders on the forefront of global point-of-care ultrasound.

Checkout our new podcast: [The Importance of External Validation](#), with Dale Cyr, CEO of Inteleos and read the accompanying blog "[The Checks and Balances of Medicine](#)".

- The LV should be 7cm in length and appear as a well-shaped oval. If it appears global, you are foreshortening the apex of the LV.
- Find the Apical 4 Chamber apex by letting your fingers overhang the phased array transducer so you can find the PMI (point of maximal impulse) with your fingertips.
- Signal dropout in the basal portion of the interatrial septum (looks like a hole), is common and does not represent an ASD.

Looking for some (re)views? [Check out this video provided by the University of Calgary.](#)



4.0 AMA PRA Cat-1
CME Credits

[Learn More](#)



INDUSTRY NEWS

[Handheld Ultrasound Aids First Mobile ECMO Unit in a Pre-hospital Setting.](#) *Diagnostic and Interventional Cardiology*, Nov 2019.

[Beside Ultrasound in Cardiac Standstill: A Clinical Review.](#) *The Ultrasound Journal*, Dec 2019.

[The Heart of POCUS.](#) POCUS Certification Academy, February 2020.

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