

MSK Upper Extremity Content Outline

The POCUS Clinical Certificates are comprised of two assessments: a Clinical Case Based Assessment and a Peer Evaluation. Specialty Certifications include the two assessments plus Clinical Video Submissions.

Clinical Case Assessment

The clinical Case-Based assessments are designed to simulate a clinical encounter. They are scenario based exams with question types ranging from multiple choice to hotspots. The questions are designed to assess the following:

7%	Standard POCUS Views	 Familiarity with normal exploration paths Recognition of when patient condition or presentation requires deviations from the normal exploration paths Identification of regions or basic POCUS views described in consensus documents or protocols
22%	Anatomical Features	 Ability to recognize and identify various anatomical features in M-mode and 2D/B-mode images, color Doppler, spectral Doppler
30%	Sonographic Findings	 Knowledge of common sonographic artifacts or measurements Ability to identify artifacts that may aid in diagnosis Recognition of sonographic patterns and their implications for diagnosis
37%	Diagnostic Findings	 The ability to determine and confirm an initial diagnosis using integrated POCUS media and clinical information Understanding and recognition when it is not possible to obtain an initial diagnosis through POCUS
4%	MSK Upper Extremity Pathologies	 Knowledge of common pathologies and conditions identified through MSK Upper Extremity POCUS (including but not limited to: Abscess, Atrophy, Bursitis, Cellulitis, Complete muscle tear, Complex cyst, Edema, Fracture, Full thickness tendon tear, Hematoma, Joint effusion, Ligament tear, Nerve lesion, Osteoarthritis, Partial muscle tear, Simple cyst, Tendinitis, Tendon tear) Must comprehend that it is sometimes not possible to get a diagnosis and recognize when this is the case Must know how to determine or confirm a diagnosis using created images Ability to comprehensively consider all case information (images, patient presentation, labs, etc.) to determine an initial diagnosis

Peer Evaluation

The Peer Evaluation is designed to assess your practical abilities in Point-of-Care Ultrasound (POCUS). Clinicians of your choosing will be sent an anonymous questionnaire to evaluate your POCUS abilities. Assessment results are based on the first two evaluations received. Peer Evaluators will evaluate on the following criteria which will be evenly weighted:



Diagnostic Quality

Ability to obtain images of diagnostic quality

Ability to use appropriate

measurement techniques



Demonstrate proficient use

Gain

Apply appropriate compression to identify pathology



Depth

Demonstrate appropriate use of depth setting and center the area of interest on the screen



Views

Demonstrate proper transducer placement



Pathology

Acquired and interpreted images related to most common MSK Upper Extremity pathologies for which POCUS is appropriate



Color Doppler

Demonstrate an appropriate understanding of Color Doppler



Power Doppler

Measurement

Demonstate an appropriate understanding of Power Doppler

Clinical Video Submission

The Clinical Video Submission is designed to assess your ability to acquire POCUS scans. When enrolled in a Specialty Certification that includes this content area, you will be required to upload HIPAA compliant MSK Upper Extremity media. The submitted videos (one normal and one with correctly identified pathology) will be evaluated by clinical reviewers based on POCUS protocols and criteria listed below:



Pathology Identified



Color Doppler (if applicable)



Compression



Depth



Diagnostic Quality



Gain





Measurement



On-Axis



Transducer Use



Ultrasound Machine Preset Use



Views